

Dedicated to High Rocks for Girls: Hillsboro, West Virginia

Be Like the Bird

VICTOR HUGO

a round in five parts

ABBIE BETINIS

1 Be like the bird that, paus-ing in her

2 flight a - while on boughs too slight,

3 feels them give way be - neath her, and

4 sings, and sings, and sings

5 know - ing she hath wings.

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Abbie writes: This canon was composed in 2009, just after I'd completed cancer treatment for the second time. My parents and I sent it out as our Christmas card that year which continued a tradition started in 1922 by my great-grandfather, Rev. Bates G. Burt and was carried on by his son Alfred Burt, now famous for carols like "Caroling, Caroling" and "Some Children Sec Him."

This particular canon, inspired by my own struggle, is dedicated to *High Rocks for Girls*, an innovative school for middle and high school girls, founded by Susan Burt in the mountains of rural West Virginia. May *High Rocks* continue to educate, empower, and inspire each girl to know that "she hath wings."

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Your purchase supports my art & livelihood, and makes this music possible. Thank you. -Abbie Betinis

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